

The Rotten Romans - Laurel Wreath

In ancient Greece and Rome, victors in sports, music and poetry and also Emperors would wear a laurel wreath.

Make yourself one from a paper plate.

- 1) Cut out a section from the edge of a paper plate a few centimetres across.
- 2) Now, cut out the centre of the plate.
- 3) Find some green paper or card and fold it in half three times to make it eight sheets thick.
- 4) Cut three leaves from the folded paper (giving 24 leaves).
- 5) Repeat with two more sheets, giving 72 leaves.
- 6) Stick leaves in pairs around your wreath.
- 7) Wear your victor's wreath.

